

FIRST PARISH OF SUDBURY CONNECTOR

Issue: November 16, 2008

Editor: Fran Sharp

Connector Deadline: each Wednesday at 5:00pm for the next week's issue to:

connect at fpsudbury.org

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MAKING MEANINGS

On Saturday night, a small group of us from three different faith traditions – watched a documentary film called “Encounter Point.” It featured Jews, Muslims, and Christians who live in Israel. All have lost loved one(s) in the conflict. Some have also been wounded, tortured, and/or imprisoned themselves. They are working together for peace and reconciliation through nonviolent means.

Imagine a Jewish mother whose son was killed by a Palestinian sniper becoming friends with a Palestinian man (about the same age as her son) whose brother was killed by Israeli soldier. Imagine them working together for peace.

Unimaginable? No. But not easy. They dared to meet one another. That’s how it started.

Encounter point. That’s what I had last month when I had the privilege of meeting 20 Israeli students and two of their teachers from Haifa. They were guests of Congregation Beth El in Sudbury and they came to First Parish one afternoon to learn something about Unitarian Universalism.

Most of these students are not observant Jews, we were told, so it was eye-opening for them to meet American Jewish students and their families who are. The Israelis had not heard of our Unitarian Universalist faith. In the brief time we had together we tried to give them a flavor of our intentional and voluntary religious community dedicated, as we sometimes say, to “deeds, not creeds.”

“What kinds of deeds,” they asked. We told them about collecting backpacks and Halloween costumes for kids living in shelters, and initiatives such as the Green Sanctuary and the local Habitat for Humanity project. We explained that some of our deeds provided direct service while other times we advocate for change through public witness in the halls of the State House or Washington, DC.

Then, almost as an afterthought, I mentioned that I was about to visit a 33-year-old man who is sentenced to life at a maximum security prison.

“Why would you do that?”

We are tutoring this young man, helping him work toward a college education.

“What good is that?”

I explained that my motivation comes from the belief in the inherent worth and dignity of every person. Yes, this man has had to forfeit his freedom and take the consequences for his action, but he is still a human being worthy of our compassion.

I told them what the man has said of his experience in the “College behind Bars” program: “I may not be free in prison, but this is helping me to feel free in my heart.”

Most of the students just couldn’t get it.

Encounter point. I have not stopped learning from those students (and also from my visit with the man in prison). I consider our vastly different contexts. One of the Israeli teachers called my perspective naïve and said, “You don’t understand what it’s like for us; you could be killed any day.”

She’s right. I don’t understand. I also don’t even begin to understand what a man who grew up not more than 20 miles from here experienced in his young life – how different is was from mine – and what of that experience may have led to a violent act that he is paying for with his freedom.

But I understand this. I had a chance to meet these people. I had a chance (albeit briefly) to hear their stories and to tell mine. I had encounters that I will never forget, encounters that cause me to think about my privilege, my freedom, my values and, yes, my very protected experience – something I did not earn – something that is so rare in a complex world I cannot imagine it otherwise. Until I dare to meet someone and s/he dares to meet me.

~ *Katie Lee*



R.E.FLECTIONS BY A CHALICED.R.E.AMER

Roberta Altamari, Director of Religious Exploration and Youth Ministry

In this season of thanks, I have much to be grateful for. I am thankful to be a part of this community at First Parish of Sudbury. The people here are great, the staff are wonderful, the RE volunteers fabulous, and the children and youth are incredible! I am really enjoying my work here!!

During my first few months here, I have made a variety of mistakes as I've learned the way things work around here. As people have been very understanding and patient with me, I have realized how much I appreciate that this community is a safe space to be our "real" selves. We come together striving to be our "ideal" selves, but we welcome each other with all of our imperfections.

I see the importance of this "unconditional love" throughout our entire community, and especially in our Youth Ministry. With all the pressures and challenges and competition in life today, we need a safe space to simply be, to consider our identity separate from the bombardment of social messages about who we should be and how we should act. First Parish is our spiritual respite from all that. A much needed place in all of our lives!

The Our Whole Lives sexuality program that many of our middle schoolers will be doing this year reflects these ideals. Talks with friends from other faith traditions and a preview of a Catholic video that is shown to their teens confirms for me that our Unitarian Universalist approach to sexuality education is unique. While others scare teens by saying sex outside of marriage is a sin and you could likely be punished for your sin with a life-threatening sexually transmitted infection, our sexuality program reflects our values of respect and free thinking. I am grateful that our youth are affirmed as inherently worthy people who need to take care of their physical, emotional, social, and spiritual needs in all of their relationships. And learn some tools to help them do so!

As Thanksgiving kicks off a series of winter holidays, I am grateful to have had this moment of reflection and appreciation. To remind myself and you of the importance of taking good care of ourselves throughout this very busy time of year. To affirm the importance of taking respite from societal messages to consider our own values. And to let those worthwhile values guide our daily actions as much as we can.

*Loving blessings,
Roberta ♥*

CHRISTMAS EVE IS COMING AND "STARS" ARE NEEDED!

This year's family Christmas Eve worship service will feature some UU Peace Angels. Roberta is inviting all interested children, youth, and adults who would like to help bring to life the stories of one of these famous Unitarians or Universalists who helped spread love, peace, and compassion in the spirit of Christmas. Musical, speaking, and dancing parts are available. Contact Roberta today for more details and to sign up for a part.

PEOPLE WE CARE ABOUT



This column seeks to share news (happy, sad, exciting events) of our lives so that we may support each other as we travel this road together. May it be so.

Several people among us are suffering from chronic illnesses that are debilitating and energy-draining. Our hearts go out to all who struggle with recurring conditions.

We've heard from JoAnne and Tucker Y that they are settled in Georgia, and missing FPS but have found a new UU congregation. If you would like to read their letter, stop by to see it during office hours.

If you have news for this column, please send it to our Community Life & Communications Coordinator, Fran Sharp, at connect at fpsudbury dot org

FIRST PARISH OF SUDBURY'S PASTORAL ASSOCIATES

- | | |
|------------|--------|
| Annmarie A | Fred P |
| Audrey K | Paul R |
| Polly M | Dawn S |
| Bruce P | |

In the event of a pastoral need, please call our minister or any of these Pastoral Associates.

SPEAKING OF RECONCILIATION

Last Saturday, a group gathered to watch and discuss the film *Encounter Point*. Now we will come together again on Saturday, November 22 at 7 pm in The Commons to watch *Red Dust*, a film based in South Africa soon after apartheid has ended. A South African police officer has applied for amnesty under the new Truth and Reconciliation Commission. One of his victims sits in the courtroom and opposes his amnesty. Whose truth will win the day? What constitutes reconciliation for either man? Join Katie Lee and Jonas for the continuing conversation.



On Sunday, November 23 at 4pm, all of our youth are welcome to attend the Interfaith Thanksgiving service at Sudbury United Methodist Church with a reception to follow until 6:00PM. Youth from each of the participating congregations will also conduct a food drive to support the food pantry in Sudbury. Items especially needed include Jelly, Healthy snacks for children's lunches, Paper products, Sugar, and Pet food (dog and cat). Please bring items in to First Parish this Sunday or next and our youth will bring them to the event. Youth should meet at FPS at 3:30 and we'll go over together!

On Sunday, November 23 after the Interfaith service, youth will gather back at First Parish to set up and decorate their Youth Room.

ALL youth, coming on Sunday, November 30th at 7pm is an amazing opportunity to join Kristin Fleischmann-Rose as she shares a slideshow presentation of her adventures of working on a Habitat for Humanity project in Honduras. Kristin is a wonderful example of living our UU values!!

Stay tuned to the website for December events.

UU KIDS IN ACTION

From November to January, we hope that all of you will participate in the Unitarian Universalist Service Committee's Guest at Your Table project. Imagine there is a guest at your dinner table every day for this holiday season and donate the equivalent cost of your meals to the important work of UUSC to bring clean water and human rights to our international neighbors who are far less fortunate than we are. If you didn't get a box yet, be sure to pick one up next time you are at First Parish!

On Sunday, November 30th, we will have a Special Social Justice Sunday with all children and youth gathering together. During this meeting, we will work on a project making twenty care-packages for prisoners at MCI-Concord. Why would UUs include prisoners among the people they reach out to during the holiday season? Come find out!

... in the words of Anne Frank, *"How wonderful it is that nobody need wait a single moment before starting to improve the world."*

SIMPLE GIFT SWAP AND SIMPLY GREEN GATHERING

Saturday, December 13
following our 3:00pm Village Worship

Be sure to join us for our, now traditional, Simple Holiday Activities.

Here's how the Simple Gift Swap works. You bring lovely things you own but cannot use or do not need to First Parish for re-gifting. (If you don't have anything to contribute, that's OK). Then, you and your family come "shopping" on Saturday, December 13 at about 4:00pm. (We do hope you'll join us for Village Worship at 3:00!) When you find something that's been donated that would be "just right" for someone on your gift list, you take it. You can wrap the gifts you've chosen and then pack them up in a recycled shopping bag. Everything is reused and recycled. No money changes hands.

We know this is especially fun for children. They can bring things to be offered as gifts and take home gifts for the people they love. We'll even let them shop while parents aren't looking (but other adults are supervising)!

Nobody has to bring a gift to take a gift. If there are gifts left after Saturday's Swap, we may have a second round of "shopping" during Social Hour Sunday, (but here's an insider tip: the good stuff gets scooped up first, so better come on Saturday!)

Here's what you do:

- Gifts must be things you already have but presumably do not need or want. They should be in good condition – good enough to give to someone *you* love.
- Bring gifts, unwrapped, to the First Parish front foyer (under the stairs in the old Meeting House) from Sunday, Dec. 7 through Saturday, December 13. (We cannot take anything after 10 AM that morning.)
- Bring gift bags, reusable ribbon and paper; bring shopping bags if you have them.

Come and exchange our Meeting House for the mall; your First Parish friends for crowds and salespeople; spending time for spending money; joyful giggles for tantrums; and a pat on the back for *being green* instead of a kick in the b—t or a hit in the wallet for gas guzzling! Join us. Bring a friend. Bring lots of friends.

Watch for more information coming soon about what the Simply Green Gathering will be that day.



WORSHIP AT THE MEETING HOUSE

Sunday, November 23, 10 am

**MUSIC SUNDAY
BEATITUDE MASS (FOR THE HOMELESS)**

First Parish Choir and guest musicians
directed by Debra Morris-Bennett

This Sunday First Parish of Sudbury will present a modern musical masterpiece, “Beatitude Mass (for the Homeless),” composed by Henry Mollicone. The piece incorporates text from the Latin Ordinary Mass mixed with words by William Luce taken from interviews he and the composer conducted with people living in homeless shelters.

“Beatitude Mass” will be conducted by First Parish Music Director Debra Morris-Bennett and will feature the First Parish Choir and a seven-piece chamber ensemble, including Alex Muri of Peakham Road on double bass. Terry Lockhart of Morse Road is the featured baritone soloist and guest musician Jessica Hilliard is the soprano soloist.

According to Music Director Debra Morris-Bennett, “The selection of this work is especially meaningful this fall because the town of Sudbury is actively working on building a Habitat House for Humanity. The plight of homeless families is especially relevant in these uncertain economic times. It is hoped that this musical experience will help to further raise awareness and encourage involvement to support those in need.”

On Music Sunday we will Share the Plate with the Massachusetts Coalition for the Homeless. All contributions in the collection plate (except checks marked “Pledge”) will be shared in equal parts with MCH. Please give generously to help those in need.

Sunday, November 23, 4 pm

SUDBURY INTERFAITH THANKSGIVING WORSHIP
Sudbury United Methodist Church

This year, representatives of faith traditions in Sudbury will focus on our gratitude for the gifts of every generation in our community from infants and children, teens, single adults, to parents and grandparents and elders. The annual afternoon multigenerational worship service is sponsored by the Sudbury Clergy Association. There will be a time of fellowship and refreshment immediately following the interfaith worship service in Hawes Hall.

Children and adults are invited to sing; teens and others will be gathering food donations for the Sudbury Food Pantry. For details about how to participate in the worship service or in giving service, call 978 443-4351.

Sunday, November 30, 10 am

GIVING THANKS – A TIME FOR BLESSINGS AND GRATITUDE
The Bennett Family with Ms. Annmarie Allen

The holiday season is upon us. During this time of year, it is easy to get caught up in the hustle and bustle and distracted by the material things. This year, especially, we are confronted with difficult economic times. This Sunday’s service will be a wonderful combination of music and spoken word, which will provide an opportunity for us to center ourselves and focus on gratitude and blessings.

Our service on Nov. 30 will be offered by Debra Morris-Bennett and her sons, Ryland and Hunter. Annmarie Allen, our Chair of the Board of Trustees, and Worship Associate, will be the Worship Leader on that day.

Sunday, December 7, 10 am

FESTIVAL OF REVELRY
An ensemble of singing, dancing, playing revelers

Animals have always had an important role in midwinter festivals. John Matthews, known for his extensive research and writing on the lore of ancient Celtic peoples, speaks of the “guisers:” people dressed in animal skins and wearing masks in “wild and fearsome shapes.” These creatures, he tells us, take us back to the earliest hunting rituals and ceremonies held to appease the spirits of beasts killed for food. Join this year’s “guisers” for Morris Dancing, a Mummers Play and much singing, dancing and revelry as we usher in the season of midwinter.

Saturday, December 13, Village Worship 3:00 pm

SIMPLE GIFTS
Ms. Roberta Altamari & Rev. Katie Lee Crane

This is a season for giving. And stores will want us to buy more stuff, charities will want us to send more money, and the holiday buzz will pressure us to do more, eat more, drink more, spend more. Is this what we want? Is this what *anyone* needs? Is this consistent with our most deeply-held values? Let’s pause to consider all the ways we can truly give from the heart, give gifts that matter to our friends, to the earth, and to the most vulnerable among us. Let’s give gifts of faith and hope and love this season.

There will be a simple gift swap and simply green activities following Village Worship with a snack of cocoa and cookies. Join us as we focus on the joy and fun of creating a simple and simply green holiday with family and friends. (see page 3)

Sunday, December 14, 10 am

INCUBATION PERIOD

Rev. Katie Lee Crane

This isn't everyone's favorite season. Some among us would happily hibernate until spring (or at least January 2). Of course there are many reasons why this is so. Some do not relate to any of the holidays celebrated, religious or secular. Some reject the excess. Some have memories or old wounds that fester at this time of year. This is a day to explore what dwells in that place within each of us: a place of silence and depth, a place of gestation and incubation, a place of rest, a place where the seeds of new life germinate and set down roots in its ferment.

There will be a Hearthside Chat at 11:45 to have a conversation about the day's topic and the issues it raises.

Sunday, December 21, 10 am

FIRST LIGHT

Rev. Katie Lee Crane

Hanukkah begins at sundown. As Jewish families around the world light the first candle, we pause to ask what this beautiful tradition has to teach us.

There will be a Hearthside Chat at 11:45 to have a conversation about the day's topic and the issues it raises.

Sunday, December 28, 10 am

WATCH NIGHT

Ms. Michelle LaGrave

It is our annual holiday tradition to share this last service of the calendar year with our neighbors. This year we will host the good folks from First Parish in Wayland and First Parish in Framingham.

Michelle LaGrave is a student at Andover Newton Theological School, working toward her Master of Divinity degree. She is a candidate for the Unitarian Universalist ministry and is serving as the intern minister at First Parish in Framingham.

Ms. LaGrave writes of the service on Dec. 28, "When we think about celebrating the New Year, images of Father Time and late-night parties in Times Square may be the first to appear. However, New Year's Eve is also known as "Watch Night" in some religious contexts and is a time of renewing covenants and self-consecration. As Unitarian Universalists, how can we find a deeper meaning to our New Year celebrations?"

HOLIDAY WORSHIP SERVICES

Christmas Eve, December 24, 5 pm

Family Holiday Service

Ms. Roberta Altamari and Rev. Katie Lee Crane

This multigenerational service is participative and especially welcoming to families with children of all ages, and includes music, stories, and singing for all.

Christmas Eve, December 24, 7 pm

Candlelight Service

Rev. Katie Lee Crane

Join us for carols and candlelight, readings and reflections on this season of layered traditions celebrating midwinter, the birth of Jesus, new light/new life, joy and hope. This service is a quiet, meditative service to help us center ourselves, make ready, and focus on the reasons for the season. People of all ages are welcome to worship at this service. There are no children's programs nor is childcare provided.

Christmas Day, December 25, 10 am

Rev. Katie Lee Crane & friends

Join our minister and friends by the fire for an informal time of carols and stories and sharing on Christmas Morning.



SUNDAY EVENING CHALICE CIRCLE FORMING

Alex and Dave A are convening a new Sunday evening Chalice Circle. It will meet once a month on a designated Sunday from 6-8 pm. They are prepared to launch the circle as soon as there are at least five, committed participants. To sign up, call or email Katie Lee.

THE END OF AN ERA

- a mini reflection by Katie Lee

It was when Ken Thr handed over his key that tears welled up in my eyes. Then he showed me the record book going back to 1994; it carefully chronicles the dates, the helpers, and other details of a task that he and others have completed faithfully every month from that time to this. Until now.

This will be the first Tuesday that Ken doesn't pick up the newsletter at the printers and the first Wednesday morning that the team doesn't show up even before the office is open to begin the process they could almost do with their eyes closed.

Ken, along with Sylvia, and Polly and Don M, and more than a dozen other volunteers collated and stapled and folded and labeled and stamped and bundled and counted every printed newsletter we published for at least 14 years. We both believe it actually goes back farther in time, but Ken couldn't put his hands on the earlier record book just then.

Today, most of you are receiving the newsletter electronically. Technology has eliminated the jobs of some of our most faithful volunteers. I am sad and I am grateful.

I'm sad that we will not see them each month, sad not to have the team involved in this way. But I am oh-so-grateful to them and to all the volunteers who just do what has to be done, week after week, month after month. I am grateful too, that today's technology makes it possible for us to communicate faster and more frequently with the vast majority of our members and friends. (Remember, we still mail all communications to those who do not have electronic access.) And, finally, I am grateful that eliminating the paper, ink, and printing saves both precious natural resources and also enables us to redirect the substantial costs associated with printing a newsletter to other programs and projects.

Still. It is the end of an era. And I want you to share both my grief and my gratitude. Here's to the amazing Newsletter Team. I think they belong in the First Parish Hall of Fame! Please express your thanks to: Ken T, Don B, Barbara H, Bob and Margherita W, Norm S, George and Bunny McQ, Polly and Don M, Dusty R, Audrey K, Helga A and Aiko A.

MAKING CONNECTIONS...
People...Mission...Community



In my new position, I find myself reflecting a great deal on what it means to be welcoming, to genuinely offer hospitality. I believe that welcoming another person is a religious practice when living in community as we do.

I would like to share a poem with you—a reflection on another kind of welcoming--no less important, no less religious.

Peace to you all in this holiday season.

~ Fran

“Love After Love” by Derek Walcott

The time will come
When, with elation,
You will greet yourself arriving
At your own door, in your own mirror,
And each will smile at the other's welcome,

And say, sit here, Eat.
You will love again the stranger who was your self.
Give wine. Give bread. Give back your heart
To itself, to the stranger who has loved you

All your life, whom you ignored
For another, who knows you by heart.
Take down the love letters from the bookshelf,

The photographs, the desperate notes,
Peel your image from the mirror.
Sit. Feast on your life.

HOLLY FAIR: SATURDAY, DEC. 6, 10AM-2PM

Watch for upcoming Connectors and Sunday News' for updates on plans for our Holly Fair. But, be sure to invite friends and family and plan to make a day of this festive fair. It's sure to get you in the mood!

And, for you **Green Thumbs**, plan to help at the Greens Workshop, Friday, Dec. 5th from 9am until 3pm. For more information contact Cilla R or Dawn S, Co-chairs.

FAITH IN ACTION NEWS

First Parish's "Secret Santa" program, formerly known as "Undecorate the Christmas Tree", has been an annual First Parish Community Service project for almost 20 years.

The MetroWest, Department of Social Services (DSS) office in Framingham has given First Parish the names of 50 children who need a little help from us to make the holiday season more joyful. In addition to their names, we receive information about favorite colors, hobbies, their sizes, their needs, and their hopes. Participants take this information and buy them an appropriate gift. All gifts must be new and may be brought to FPS on Sundays, the last Sunday being December 7th when they will be delivered to the Social Workers in Framingham. A full set of instructions is available when you sign up, on Sunday, Nov. 23 and 30 in the Parish Hall during Social Hour.

In addition, this year First Parish is working with the Social Worker for the Sudbury Public Schools. We will be providing gifts for five children through this program. For those of you who don't like to shop but would like to participate, you can make monetary donations and Santa's Elves will buy gift certificates for some of the older teenagers. If you have any questions, call or e-mail Sherri Cline.

Share the Plate – November 23. At this Sunday's service please make a generous contribution to support the Massachusetts Coalition for the Homeless. In particular we ask you to support their First Stop program, an early warning/ early intervention system that helps households stabilize their housing situations at the first sign of trouble. Coalition staff conduct a comprehensive housing and income assessment and link households with programs that will maximize their income and stabilize their housing. Programs such as: utility discounts and fuel assistance programs food stamps private and public emergency cash assistance programs to pay rent/utility arrearages.

Gulf Coast Volunteers For the Long Haul sponsors a Relief & Recovery Trip to New Orleans Sunday, December 7 – Saturday, December 13, 2008 Your help is needed more than ever in the wake of Hurricanes Gustav and Ike.

"Long Haul Volunteers", partly funded by the UU Fund for Social Responsibility, has as their mission to "Help people in the Gulf Coast region rebuild their homes, their neighborhoods, their communities and their lives for as long as it takes." To Sign Up: contact Trina Heinisch at trinah2.0@gmail.com. Visit them on the web at www.longhaulvolunteers.org

HABITAT FOR HUMANITY SUDBURY PROJECT

Under bright blue skies and with over one hundred people in attendance, Habitat for Humanity - MetroWest/Greater Worcester held its Groundbreaking ceremony at the corner of Pratts Mill and Dutton Roads on Saturday, October 18 at 2:00.

The speakers, including our own Katie Lee Crane, were great at sharing the message of Habitat with everyone and local scout troops provided ceremony and snacks. This was the official kick-off to the construction, and it has been progressing well since then. If you have driven by the site recently, you will see a house taking shape. Volunteers have been working hard. There are great pictures at the website: <http://www.gwhfh.org/>

First Parish has reserved a build day, MARCH 14, 2009. Mark it on your calendar. This is a congregational-wide opportunity for all ages all abilities and all interests. We will build, carry supplies, prepare and feed the workers. Maybe we can hang our First Parish banners up and create signs for the passers by? Will you come? Let Beth Rust know. There is also a signup sheet on the Faith in Action bulletin board.

The two families who will help build and live in these homes are in the selection process now. Information sessions held in September brought in 20 applications, which are being reviewed now. The final selections will be made by lottery on December 11 at the Sudbury Town Hall.

For the handymen in the audience, the *Construction Oversight Committee* is actively looking for plumbers to donate their time and looking for donations of exterior trim, siding, roofing materials, plumbing fixtures, light fixtures, doors with frames and hardware. If you have anything to donate, please contact the office at (508) 799-9259 or e-mail at volunteer@gwhfh.org.

The *Fundraising Committee* urges you to support the Sudbury Habitat house and get a chance to win a 2009 Volvo S40 provided by Lee Volvo of Wellesley. Car raffle tickets will be available on November 23 at Shaw's Plaza in Sudbury and December 4 at Mango Tree Artisans in Sudbury (5-8pm). Or you can arrange to purchase a ticket by calling 508.799.9259. Buy one for yourself and one as a holiday gift for those hard-to-buy-for people on your list. Tickets are \$100 each or 6 tickets for \$500 -- only 1000 tickets will be sold!

The next **Volunteer Information Session** is Wednesday, November 19th, 7:30pm at Goodnow Library in Sudbury. Please come to learn more.

Framingham Civic League seeks volunteers Please consider volunteering to help the Friends of Framingham Civic League Meals Program. They have big events coming up soon as they begin to plan the holiday feasts that they offer. The Thanksgiving Feast will take place on Saturday, Nov. 29th & the Holiday Meal - Saturday, Dec. 20th. The Meal Program needs help in advance of these events, too. If you are able to help, please contact Dee Swan at deannaswan@yahoo.com.

She put out this request for help. "We could use vegetable dishes (such as green bean casserole, broccoli, etc.) and pies (apple, cherry, pumpkin, etc.) by Saturday, Nov. 22nd if you think you could bring something and what that something is so they can plan accordingly.



Each month in the newsletter, the Green Sanctuary team will suggest a monthly tip on what we can do to become "greener" – more ecologically-minded-Earth citizens. We welcome your input.

Tips for Washing Your Car:

Myth: Doing it yourself is a much more environmentally-friendly way to wash your car.

Fact: When you visit a commercial car wash, you use 45 gallons of water per wash, versus 80 to 140 gallons of water per home wash. (The average garden hose flows at 12 gallons per minute!) And if you go to a car wash that uses recycled water, you can conserve even more water. But there are things you can do to conserve resources and reduce environmental impacts if you prefer to wash your car at home.

Tip for the Month: Look for either one of these two water-saving add-ons: A water-saving hose nozzle allows you to choose how much water is released, setting it from a full-force spray to a light mist. You can also find organic, non-toxic cleaners that *dissolve* dirt, so it either slides or wipes off with no water required. You can find these items at organic grocery stores or major hardware stores nationwide.

Another good tip is to use a bucket instead of simply using the hose to clean and rinse.

Finally, the best way to save water and your wallet: Leave your car outside and let the rain rinse it!

Thanks to the Appalachian Mountain Club's Conservation Action Network for this tip.

For information on the Green Sanctuary Committee contact its co-chairs, Carolyn L & Bruce L

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We embrace diversity and, as a Welcoming Congregation, are intentional about welcoming the presence and participation of gay, lesbian, bisexual, and transgender persons in all aspects of congregational life.

All of the following email addresses are: @fpsudbury.org

Minister: <i>Rev. Katie Lee Crane</i>	email: minister@
Director of Music: <i>Debra Morris-Bennett</i>	email: musicdir@
Director of Rel. Exploration & Youth Advisor: <i>Roberta Altamari</i>	email: dre@
Community Life & Communications Coordinator: <i>Fran Sharp</i>	email: connect@
Administrator: <i>Donna Scalcione</i>	email: office@
Chair, Board of Trustees: <i>Annmarie A</i>	

FIRST PARISH OF SUDBURY EVENTS

Nov 16, 2008 TO DEC 20, 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Saturday
<u>Nov 16</u> 10:00a Sunday Worship Service 11:45a Landscape Committee 11:45a Hearthside Chat 12:00p Enneagram Personality Type Exploration 7:00p Duct Tape fun! Making stuff with duct tape ... ALL youth welcome	<u>Nov 17</u> 7:30p Finance Committee	<u>Nov 18</u> 12:00p Tuesday B-Y-O Lunch 1:00p Holly Fair Crafters 7:30p Worship Associates Group	<u>Nov 19</u> 7:00p Quilters & Holly Fair Crafters	<u>Nov 20</u> 1:00p Meditation 7:30p Choir	<u>Nov 22</u> 7:00p Film Night - "Red Dust"
<u>Nov 23</u> 10:00a Music Sunday 10:00a Sunday Worship Service 11:45a Hearthside Chat 11:45a Spirit Play Task Force lunch meeting with Nita Penfold 4:00p Sudbury Interfaith Thanksgiving Service	<u>Nov 24</u> 7:00p Spirit Play Task Force 7:00p RE Committee	<u>Nov 25</u> 12:00p 4th Tuesday BYO Lunch Discussion 1:00p Holly Fair Crafters 7:30p Pastoral Associates Group	<u>Nov 26</u> 7:00p Quilters & Holly Fair Crafters	<u>Nov 27</u> 12:00a Thanksgiving	<u>Nov 29</u>
<u>Nov 30</u> 10:00a Sunday Worship Service 11:45a Hearthside Chat 7:00p Slideshow-Kristin Fleischmann-Rose's work in Honduras	<u>Dec 1</u> 7:00p Habitat Construct'n Committee 7:30p Board of Trustees	<u>Dec 2</u> 1:00p Holly Fair Crafters 7:30p Committee on Ministry	<u>Dec 3</u> 7:00p Quilters & Holly Fair Crafters	<u>Dec 4</u> 1:00p Meditation 7:30p Choir	<u>Dec 6</u> 10:00a <i>Holly Fair</i>
<u>Dec 7</u> 10:00a Worship Service: Revels	<u>Dec 8</u>	<u>Dec 9</u> 7:30p Program Council	<u>Dec 10</u> 7:00p Quilters	<u>Dec 11</u> 1:00p Meditation 7:30p Choir	<u>Dec 13</u> 11:00a Chalice Circle Conveners 3:00p Village Worship and Simple Gift Swap
<u>Dec 14</u> 10:00a Sunday Worship Service 11:45a Hearthside Chat	<u>Dec 15</u> 7:30p Finance Committee	<u>Dec 16</u> 7:30p Worship Associates Group	<u>Dec 17</u> 7:00p Quilters	<u>Dec 18</u> 1:00p Meditation 7:30p Choir	<u>Dec 20</u>

The up-to-date First Parish calendar can be seen online at: www.fpsudbury.org.

Please remember that all events and meetings must be scheduled by the Administrator, Donna Scalcione.