

**First Parish of Sudbury
Unitarian Universalist**



What Sustains Us, What Inspires Us
Gail Hardenbergh, Sheila Davison, and Ben Reiner

October 18, 2020

GATHERING TONE

PRELUDE *Sarabande* Rev. Debra Morris-Bennett, Piano
Clif Hardin

WELCOME & OPENING WORDS Gail Hardenbergh

CHALICE LIGHTING Gail Hardenbergh

For the wonder and inspiration

We seek from sun and stars

And all the lights of the heavens

We light this chalice.

-Rev. Dr. Cynthia Landrum

HYMN *How Can I Keep From Singing*

Traditional

Robert Lowry, music

Music arranged, orchestrated, produced, and mixed by Adam and Matt Podd

READING *Welcoming the Unwelcome* Gail Hardenbergh
Pema Chodron

HYMN #38 *Morning Has Broken*

Morning has broken like the first morning,

blackbird has spoken like the first bird.

Praise for the singing! Praise for the morning!

Praise for them, springing fresh from the Word!

Sweet the rain's new fall sunlit from heaven,

like the first dewfall on the first grass.

Praise for the sweetness of the wet garden,

sprung in completeness where God's feet pass.

Mine is the sunlight! Mine is the morning

born of the one light Eden saw play!

Praise with elation, praise every morning,

God's recreation of the new day!

SERMON

Sheila Davison
Ben Reiner
Gail Hardenbergh

SILENT MEDITATION

OFFERING

Star Lessons

Peg Espinola

CHALICE EXTINGUISHING

Gail Hardenbergh

We extinguish this flame, but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

CLOSING WORDS

Gail Hardenbergh

POSTLUDE

Ode to Joy
from 9th Symphony
Ludwig van Beethoven

Rev. Debra, Organ

Today's service can be accessed via [this link](#). If you are prompted for a password, enter 12345.

Milestones, announcements, and Q&A will be offered during our online social hour. Please remain in the Zoom meeting after the postlude ends to join us.

Thank you to those assisting today!

Music: Rev. Debra Morris-Bennett and Michael Tyo

Remote Offering

We offer two options for giving remotely.

Online: [Click here](#) to be taken to our online payments portal. If this is your first time using the portal, you will need to create an account using the link in the top-right corner of your screen. Then, select the fund you would like to donate to, whether the gift is one-time or recurring, and put in the amount you would like to give.

By text message: Simply text 833-448-6403 with the amount you would like to give in the body of your text (over \$3). The first time you give this way, you will be directed to fill in your personal and credit card info. Submit, and receive a receipt by email and text!

We thank you for your generosity!

As FPS is charged 2.75% of each credit card transaction, we ask you to consider adding this percentage to your total gift.

Notes on Today's Music

How Can I Keep From Singing

Text: Traditional

Music: Robert Lowrey

My life flows on in endless song above earth's lamentation.
I hear the real, though far-off hymn that hails a new creation.
No storm can shake my inmost calm, while to that rock, I'm clinging
Since love prevails in heaven and earth, How can I keep from singing?

While though the tempest round me roars, I know the truth, it liveth.
And though the darkness round me close, songs in the night it giveth.
No storm can shake my inmost calm, while to that rock, I'm clinging
Since love prevails in heaven and earth, How can I keep from singing?

I Lift my eyes. The cloud grows thin; I see the blue above it.
And day by day, this pathway smooths, since first I learned to love it.
No storm can shake my inmost calm, while to that rock, I'm clinging
Since love prevails in heaven and earth, How can I keep from singing?

NYC Virtual Choir and Orchestra featuring:

Grace Chorale of Brooklyn

First Unitarian Congregational Society in Brooklyn

October 18, 2020 10:00 am

First Presbyterian Church of Brooklyn

Music arranged, orchestrated, produced, and mixed by Adam and Matt Podd.

Video produced and edited by Joe Gabriel

Additional audio and editing from Jonnie Dredge

All audio and video was captured by singers and musicians in their own homes.

Welcome

First Parish of Sudbury Unitarian Universalist is a community of seekers that recognizes the dignity and worth of every human being, affirms each person's search for truth and meaning, asserts our commitment to freedom, and espouses the democratic process. We embrace diversity and include all who share the principles and goals of our community. We are a Welcoming Congregation; we have made the commitment to be intentional about welcoming the presence and participation of gay, lesbian, transgender, and bisexual persons in all aspects of our congregational life. Together we celebrate the interdependent web of existence of which we are all apart.

If you are new to the area or to First Parish, we invite you to sign our guest book. If you have questions, would like to enroll your child in our religious education program, or would like to speak to our minister, please ask an usher for assistance.

Every program at First Parish is funded by voluntary contributions. Members and friends make pledges during our annual canvass. To find out how to make a pledge at another time, please speak to the Assistant Treasurer or to a greeter.

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Co-Treasurers: Tom & Deborah Kruskal

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Senior Minister: Rev. Dr. Marjorie Matty (revmjmatty@gmail.com)

Minister of Music: Rev. Debra Morris-Bennett (musicdir@fpsudbury.org)

Parish Administrator: Thomas Stirlen (office@fpsudbury.org)

For up-to-date information, please refer to our website, fpsudbury.org, and our online calendar, available at fpsudbury.org/calendar.