

*First Parish of Sudbury
Unitarian Universalist*

April 19, 2020



Out of Tune?
Neurobiology to the Rescue!

Gail Hardenbergh

April 19, 2020

10:00 a.m.

GATHERING TONE

PRELUDE

First Parish Choir

Things That Never Die - Charles Dickens, words Lee Dengler, music

WELCOME & OPENING WORDS

Gail Hardenbergh

CHALICE LIGHTING, in unison (by Amy Williams Clark)

We gather in this time of uncertainty, full of unknowns, as angst closes in upon us.

We light this chalice with a flame that draws us together.

With this flame, we cut through the dankness of isolation and are warmed by the fires of our interconnection.

For this moment, this radical moment, we find a certainty within the knowable bonds of love and community.

READING – The Path is the Goal

When Things Fall Apart by Pema Chodron

MUSICAL INTERLUDE

First Parish Choir

Sure On This Shining Night - James Agee, words; Morten Lauridsen, music

MESSAGE

Gail Hardenbergh

MUSICAL REFLECTION

Ode To Joy – Rotterdam Philharmonic Orchestra

OFFERING

First Parish Choir

Hope - Poem by Emily Dickinson; Christopher Matthews, music

EXTINGUISHING THE CHALICE (in unison):

We extinguish this flame but not the light of truth,
the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

CLOSING WORDS

POSTLUDE

Toronto Symphony Orchestra

Appalachian Spring

MUSIC

PRELUDE

Things That Never Die
music

First Parish Choir
Charles Dickens, words Lee Dengler,

The pure, the bright, the beautiful
that stirred our hearts in youth,
The impulses to wordless prayer,
The streams of love and truth,
The longing after something lost,
The spirit's longing cry,
The striving after better hopes –
These things can never die.

The timid hand stretched forth to aid
A brother in his need;
A kindly word in grief's dark hour
That proves a friend indeed;
The plea for mercy softly breathed,
When justice threatens high,
The sorrow of a contrite heart-
These things shall never die.

Let nothing pass, for every hand
Must find some work to do,
Lose not a chance to waken love –
Be fire and just and true.
So shall a light that cannot fade
Beam on thee from on high,
And angel voices say to thee –
“These things shall never die.”

MUSICAL INTERLUDE

Sure On This Shining Night
Lauridsen, music

First Parish Choir
James Agee, words Morten

Sure on this shining night

Of star made shadows round,
Kindness must watch for me
This side the ground.
The late year lies down the north.
All is healed, all is health.
High summer holds the earth.
Hearts all whole.
Sure on this shining night I weep for wonder wand'ring far
alone
Of shadows on the stars.

MUSIC AT END OF SERMON

Ode To Joy

Ludwig V

Beethoven

Rotterdam Philharmonic Orchestra

The Rotterdam Philharmonic teamed up with a Dutch healthcare provider to film the finale of Beethoven's 9th with all the musicians playing their parts by video from their homes.

OFFERING

Hope
music

First Parish Choir
Poem by Emily Dickinson Christopher Matthews,

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,

And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.

I've heard it in the chillest land,
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.

POSTLUDE *Appalachian Spring* Aaron Copland
Toronto Symphony Orchestra

Catching site of the Rotterdam Philharmonic's viral home performance of Beethoven 9th – 80,000 views on Slipped Disc and rising – home-bound members of the Toronto Symphony Orchestra put their techs together to play, remotely, Aaron Copland's Appalachian Spring.

The driving force in the project was principal double bass Jeff Beecher. The music was recorded in various homes with a click-track provided by Jeff, who then edited the outcome.



MILESTONES, ANNOUNCEMENTS and Q&A

Will be offered during our online coffee hour. Please click the Coffee Hour button to join us.

Thanks to Those Assisting Today:

Technical Assistance: If you need technical support please email techsupport@FPSudbury.org and a member of our team will be in touch.

Mark Trone
Chad Trexler

Worship Assistance:
Debra Morris-Bennett
Steve Gabler

Terry Lockhart
Ben Reiner

Text your offering

TEXT NUMBER: [833-448-6403](tel:833-448-6403)

In body of text put # amount (over \$3)

The first time you give, you'll be directed to fill in personal info/credit card info,

Submit and receive an email and text receipt!

Directions for online giving:

We thank you for your generosity!

• First-time users: First create an account (See the link in the top right corner of the screen to sign up).

You will have an opportunity to set up recurring pledges payments or gifts via credit card for First Parish.

- Select the Fund of your choice;
- Select whether the gift is one time or recurring;
- Select the amount

As FPS is charged 2.75% of each credit card transaction, we ask you to consider adding this percentage to your total gift.

Welcome

First Parish of Sudbury Unitarian Universalist is a community of seekers that recognizes the dignity and worth of every human being, affirms each person's search for truth and meaning, asserts our commitment to freedom, and espouses the democratic process. We embrace diversity and include all who share the principles and goals of our community. We are a Welcoming Congregation; we have made the commitment to be intentional about welcoming the presence and participation of gay, lesbian, transgender and bisexual persons in all aspects of our congregational life. Together we celebrate the interdependent web of existence of which we are all a part.

If you are new to the area or to First Parish, we invite you to sign our guest book. If you have questions, would like to enroll your child in our religious education program, or would like to speak to our minister, please ask an usher for assistance.

Every program at First Parish is funded by voluntary contributions. Members and friends make pledges during our annual canvass. To find out how to make a pledge at another time, please speak to the Assistant Treasurer or to a greeter.

BOARD of TRUSTEES

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STAFF

Minister: Rev. Dr. Marjorie Matty (revmjmatty@gmail.com)
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Director of Religious Exploration: Jenna Kyes (dre.fpsudbury@gmail.com)
Marketing & Communications: Jody Kotkin
Administrator: Thomas Stirlen (office@fpsudbury.org)

For the most up to date information please refer to the First Parish of Sudbury Website www.fpsudbury.org and our online calendar: <https://fpsudbury.org/home/news-events/calendar/>