



SUNDAY, MARCH 22, 2009

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~ and more!



**Look forward to Spring Ahead
 First Parish of Sudbury's 2009 Service Auction
 Saturday, March 28, 6-10pm**

Good food, live music, and fun! \$10 admission
 (\$5 for each if you bring a non-FPS guest)

We have offerings galore thanks to the generosity of our local merchants, museums, and creative parishioners. The sumptuous buffet dinner includes food from the Wayside Inn, Sudbury Farms and others. Drinks will be on tap (wine, beer, cider, tonic). Terrific live music will be provided by Roger C and Jenaabi F with a special guest appearance of "The Man" - Ken St with his string bass. The Auctioneers are ready to entertain you and the kids will be partying upstairs (see p. 2) The team is ready, so all we need is YOU and YOUR FRIENDS!



**During The Auction: The Kids' Party upstairs from 6-10pm
For kids ages 4 and up:**

\$10 per child (maximum of \$20 per family)—fun, games, music,
lots of good care by the youth group and adult helpers.

Sign up by contacting Roberta Altamari a.s.a.p.!!

This Sunday's Worship Service

March 29, 2009

"KEEPING BODY AND SOUL TOGETHER"

Rev. Sarah Gibb Millspaugh

- *What can the experience of living in our bodies teach us about spirituality?*
- *What can spiritual traditions teach us about honoring our bodies?*

Though classic Christian spirituality has long separated body and soul, the time has come for something new: embodied spirituality.

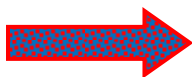
On March 29 we will welcome Rev. Sarah Gibb Millspaugh to our pulpit. She will offer a sermon that grew out of her involvement in developing the Our Whole Lives sexuality education curriculum. She poses the question "How can we live in our bodies, in all of our abilities and disabilities, and what can that teach us about spirituality?"

Rev. Millspaugh is co-minister of Winchester Unitarian Society with her husband, John. A life-long UU who's lived all over the country, Sarah worked on the team that developed the Our Whole Lives sexuality education series for use in UU and UCC congregations.

Before coming to Winchester Sarah worked for the Unitarian Universalist Association for three years, developing several UU curricula including the brand new Coming-of-Age Handbook which guides congregations in creating programs that celebrate the transition from childhood to adolescence.

SUDBURY DAY—SHARING THE FUN

First Parish will have a booth at Sudbury Day on Saturday April 4 from noon to 5pm. Ginny S and Dawn S will be there to greet folks and hand out brochures and fun stuff to the passersby. It's fun and you may get to see lots of folks you know.



Would you be able to help for an hour or two? We need a few more people to help staff the booth. If you are able to help, please contact Ginny S or Fran Sharp.

VOTE FOR UUA PRESIDENT

By Donna Scalcione (office@fpsudbury.org)

You have an opportunity to cast your vote for President of the Unitarian Universalist Association. Here's how:

Our congregation can appoint four delegates to the General Assembly (GA) of all UU congregations June 24-28, 2009. Even if our delegates **do not attend GA**, they may cast an absentee ballot for the election of officers, including the UUA President. This year, there are two candidates vying for President.

So that means it's our job to educate ourselves about the two Presidential candidates (Rev. Peter Morales and Rev. Dr. Laurel Hallman). Then each of us can decide which candidate we'd like our delegates to vote for. At the FPS Annual Congregational Meeting on June 7, we will vote for UUA President and instruct our delegates to reflect the will of the congregation when they cast their ballots.

This article is the first in a series about the candidates. To give you further opportunities to gather information and perhaps a forum to encourage others to vote for the candidate you prefer, we will also hold an after-church meeting and an evening meeting in May. In addition, I encourage you to visit www.uua.org and click on "Members" for detailed information about the candidates and how they plan to lead the Association. And stay tuned for more in future Connectors.

THIRD ANNUAL UU MA ACTION LOBBY DAY ON WED. APRIL 1ST

The Unitarian Universalist MA Action Network will be providing talking points and literature to leave with your reps and senators; also, there will be "issue updates" by informed advocates before we all embark from our gathering at UUA headquarters at 25 Beacon Street to the State House next door.

The day will begin with refreshments and registration in the UUA Chapel from 10 to 10:30 a.m. when the program begins--Bill Sinkford is the keynoter-- followed by lunch (\$10, must be prepaid, or byo), and then meetings with legislators from 12:30 up to 2:00 when those who are able will reconvene for feedback.

Judy D will be glad to accompany anybody else from First Parish who wants to attend.

SUDBURY ANNUAL ROADSIDE CLEANUP DAY: APRIL 25

The Board of Selectmen has proclaimed April 19 to April 25, 2009, as Sudbury Earth Week. This year's Annual Roadside Cleanup is scheduled for Saturday April 25, with a rain date of May 2.

They hope that during Earth Week local schools and faith communities will make every effort to plan and organize their own programs to promote respect and interest in preserving and improving Sudbury's environment. Sudbury residents, as well as Boy Scouts and Girl Scouts, are invited to participate in street-side cleanups and will be assigned specific roads and areas. The selectmen urge your support in publicizing this event and in soliciting volunteers to make this a meaningful and successful undertaking.

Plastic bags will be given out at the Town Hall, Saturday, April 25, between 9 a.m. and 1 p.m. The Sudbury Department of Public Works will pick up the litter-filled bags you leave along the road, and glass, cans, and plastics (#1 and #2 only) may be recycled or refunded. The refunds will benefit several local charities.

SUMMER SUNDAY SERVICE SIGN-UPS: STARTING SUNDAY!

Have you attended a summer worship service at First Parish of Sudbury? Summer services are our lay-led worship services that take place each Sunday from June 21 through September 7, 2009. These services have been growing in popularity over the past few years, and there is a loyal contingent of folks who do their best not to miss a Sunday! And, this is a great time for newcomers to visit FPS in a more informal way, and a great time for us to meet and get to know them.

If you come throughout the summer, you will experience a rich variety of topics, speakers, and styles. Each Sunday there is a light breakfast at 9:30 and the service begins at 10:00.

They say that everyone has "one sermon in them". Are you ready to offer yours to our community? (There is support for you—a Spring Training workshop and an experienced Worship Host to assist you.) Or maybe you could provide music one Sunday. Or, make breakfast?

It's easy to sign up—the poster is in the Parish Hall on Sunday mornings. Or call Fran Sharp. You can have a look at the schedule as it develops on our First Parish website: www.fpsudbury.org.

"SLOW MEDICINE" AUTHOR TO SPEAK IN CONCORD

Dr. Dennis McCullough will be at the Concord Bookshop on Sunday, March 29 at 3 pm to speak about his recent book, *My Mother, Your Mother: Embracing "Slow Medicine," the Compassionate Approach to Caring for Your Aging Loved Ones*. Many people will remember Dr. McCullough as a guest preacher at First Parish in 2007. He preached on this same topic and led the lively conversation that followed the worship service. For more information, go to www.concordbookshop.com or phone 978 369-2405.

The Bulletin Board

**Exercising Your Right and Responsibility to Vote
Town Meeting (1st night) Dates Coming Soon**

Concord	Mon., April 27
Hudson	Mon., May 4
Maynard	Mon., May 18
Stow	Mon., May 4
Sudbury	Tues., April 7
Wayland	Mon., April 13

Please sign up to
**Host social hour
or provide
flowers**
on signup board in
the Parish Hall!

New FPS directories available
~ Sundays at the Welcome Table
~ During the week in the FPS office

Annual Congregational Meeting
June 7 11:30am
~ add this to your calendar ~

First Parish of Sudbury's Pastoral Associates

Annamarie A	Fred P
Audrey K	Paul R
Polly M	Dawn S
Bruce P	

*In the event of a pastoral need, please call
any of these Pastoral Associates.*

Kids Party
This Sat.
March 28, 6pm
See p. 2