

CHALICE CIRCLE TESTIMONIALS

There's so much pressure in our society to put on a happy face and keep conversations superficial, and the Chalice Circle gives me permission to speak my truth with relief, and allow others' truths to comfort and inspire me.

I look forward each month to a dedicated time to explore my thoughts and feelings and to listen deeply to the thoughts and feelings of others about a topic that I may never have taken the time to consider before.

I am stunned by how a simple format of intentional soul-searching opens our hearts.

Listening to different ones grapple with what makes them human and how they respond to things that affect us all helps me do my own grappling.

The Chalice Circle is an oasis in my life – I a place I go to be, not to do.

None of us would put our minds to these topics if we did not sit down together intentionally to clear the path for our souls to show up.

The format has taught me the value of silence. Free of the need to “talk to fill up the silence,” I find, instead, that the silence permeates my being and sets me free of social expectation.

I'm not sure what my soul is, but I am sure that it grows with every meeting of our chalice circle. I always come away with a deeper understanding of myself, and a wider understanding of human life, as told in the comments and stories of the others in my circle